

Doorway Figures | 2024

a spatial meditation for performer and recorded video

placing your camera:

Use any kind of digital video recording device which you have available to you. The main thing is for it to remain static during your performance. You should position yourself (and your camera) so that the video frame contains at least one doorway.

>> hit record <<

placing yourself:

Sit in front of the camera facing any direction. Take a few deep breaths to center yourself in the space. Feel the presence of the room envelope your legs, arms, shoulders, back, ear lobes, eyebrows, top of your head.

Once you have felt the space, hum a tone under your breath which further places you in the resonance of the space. If the tone you produce does not seem to fit the space, keep humming until you find the "right" pitch. It should feel like a foot fitting comfortably into a shoe.

Now, slowly change your position and pass through the threshold of the doorway. As you do so, pay attention to the way your body feels as you move through it. What kinds of sensations do you feel? (You do not need to vocalize a response, simply consider the following questions). Does your skin tighten or hair prickle? How does the pressure on your ears and eyes change? Do your surroundings sound different? Pass back and forth through the doorway any number of times in any desired speed(s) in order to further explore these phenomena all while continuing to observe all of your senses.

Once you feel you've passed through the doorway enough times, walk to the furthest point away from the camera while still being seen by it. Again, breathe and center yourself. Feel any changes between the door frame and your final position.

Once centered and fully immersed in the dimensionality of the space, finish your spatial performance by laying down on the floor.

Written for Queered Futures Lab's Hybrid Futures Project